

Coaching

Certificate

This certificate provides individuals wishing to coach high school athletic teams with the background important for working in a physical education setting. Central to it are the three coaching courses required by the New York State Education Department for Coaching Licensure.

Total Credit Hours: 26

First Semester

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|--------------------------------|-----|
| EN101 English 1: Composition | 3.0 |
| CO231 Principles of Coaching | 3.0 |
| PY101 Intro General Psychology | 3.0 |
| Natural Science Elective (a) | 4.0 |

Second Semester

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| CO232 Hlth Sci Appl/Coaching | 3.0 |
| CO233 Theory&Tech of Coaching | 2.0 |
| PY212 Adolescent Psychology | 3.0 |
| ED151 Prev/Safety Iss-Clstrm Tchr | 1.0 |
| EN150 Effective Speech | 3.0 |
| PE111 Strength Training 1 | 0.5 |
| PE112 Speed Training | 0.5 |

(a) Natural Science Electives include: BI141 General Biology 1 OR BI103 Human Life Science 1.