

# Human Services

## Associate in Applied Science Degree

This program provides the skills needed to begin working in a variety of helping professions. Working with an advisor, students plan a course of studies around their career interests. The counseling emphasis helps to develop the knowledge and interpersonal skills required to help those in need solve problems in living. Human Services students must complete two semesters of professionally supervised internship experiences in a setting related to their career direction. Students who choose to continue their education will find opportunities to transfer into baccalaureate programs in social work, psychology, therapeutic recreation, occupational therapy, child life, and related areas. One High School Mathematics Course or its equivalent is required

### Total Credit Hours: 64

#### First Semester

|  |     |
|--|-----|
| CF100 College Foundations Seminar        | 1.0 |
| EN101 English 1: Composition             | 3.0 |
| BI103 Human Life Science 1               | 4.0 |
| PY101 Introduction to General Psychology | 3.0 |
| SO101 Introduction to Sociology          | 3.0 |
| HS101 Introduction to Human Services     | 3.0 |
| Physical Education Elective              | 0.5 |

#### Second Semester

|  |     |
|--|-----|
| EN102 English 2: Ideas and Values in Literature                  | 3.0 |
| HS241 Chemical Dependencies                                      | 3.0 |
| Mathematics Elective (a)   | 3.0 |
| PY203 Abnormal Psychology  | 3.0 |
| PY210 Evaluation, Research and Measurement in Behavioral Science | 3.0 |
| Physical Education Elective                                      | 0.5 |

#### Third Semester

|                                       |     |
|---------------------------------------|-----|
| HS251 Internship 1                    | 3.0 |
| HS222 Theories of Counseling          | 3.0 |
| Program Restrictive Elective (b)      | 3.0 |
| Developmental Psychology Elective (c) | 3.0 |
| Psychology Elective (d)               | 3.0 |
| Physical Education Elective           | 0.5 |

#### Fourth Semester

|                                  |     |
|----------------------------------|-----|
| HS232 Counseling Techniques      | 3.0 |
| HS252 Internship 2               | 3.0 |
| Program Restrictive Elective (b) | 3.0 |
| Sociology Elective (e)           | 3.0 |
| General Education Elective (f)   | 3.0 |
| Physical Education Elective      | 0.5 |

\* Prerequisites for internships include completion of HS101 Introduction to Human Services with a "C" or better, 25 credits completed toward the degree, a GPA of at least 2.0, and enrollment in or completion of at least two counseling required or program elective courses.

(a) Math options include: MA108 Concepts in Mathematics OR MA110 Elementary Statistics

(b) Program Electives (Choose two; must be entered in plan by advisor):

- HS216 Introduction to Disabilities
- HS231 Ethics, Policy & Law
- HS233 Group Counseling Skills
- HS245 Case Management 1

(c) Developmental Psychology Electives (choose one)

- PY202 Childhood and Adolescence
- PY205 Adulthood & Aging

(d) Psychology Electives (choose one)

- PY201 Learning: Behavior Analysis
- PY204 Social Psychology
- PY208 Death, Dying & Bereavement
- PY209 Forensic Psychology
- PY213 Human Sexuality
- OR a second Developmental Psychology Elective

(e) Sociology Electives (choose one)

- SO202 Marriage & Family Living
- SO203 Urban Sociology
- SO204 Contemporary Issues in Society
- SO205 Racial & Ethnic Minorities
- SO206 The Social Significance of Gender
- SO207 Sociology: Comparative Religion
- SO208 Sociology of Aging
- SO210 Deaf Culture and Community

(f) General Education Elective: Consult with advisor for a list of courses. If transferring to a SUNY college, complete an American History, Western Civilization, Arts, or Foreign Language. Take SO207 Sociology: Comparative Religion and a SUNY General Education course to fulfill seven areas.