

Athletic Training

AT101 Introduction to Sports Medicine

Cr-3

This course introduces the basic skills involved in the care and prevention of athletic injuries. It covers the recognition of sports-related injuries from head to toe, emergency procedures, training room responsibilities, liability concerns, environmental concerns, nutrition, and eating disorders as well as rehabilitation and training techniques. Laboratory time consists of BLS-CPR certification, stretching and taping techniques, and practicing emergency procedures. Prerequisites: CO232 Health Science Applied to Coaching.

AT201 Sports Medicine Practicum 1

Cr-1

This 15-week practicum provides experience in an athletic training room setting. It includes attending home contests, preparing teams for practices and games, taping student-athletes, assisting with rehabilitation programs, and other duties as determined appropriate by the supervising Athletic Trainer. Prerequisites: AT101 Introduction to Sports Medicine.

AT202 Sports Medicine Practicum 2

Cr-1

This second 15-week practicum provides further hands-on experience in the athletic training room setting. It includes attending home games and taping student-athletes as well as designing and overseeing rehabilitation programs under the supervision of the Athletic Trainer. The primary responsibility is for one contact sports team. Prerequisite: AT201 Sports Medicine Practicum 1.